



Entry Form

Riding and Pentathlon Training Camp, Open Regional Competition, and National Qualifier for Youth, Juniors, and Seniors at Rancho Mirage, CA

December 27, 2014 – January 3, 2015

Hosted by: West Coast Pentathlon

Sponsored by: Michael and Marian Shaughnessy, Rancho Mirage Riding Park, LLC

Name & Contact Info

Last Name		First Name	
M	F	Birth date	Age
Address: Street			
City		State	Zip
Home phone		Cell phone	E- mail
Mother's name		Cell phone	Work phone
Father's name		Cell phone	Work phone
Emergency contact		Cell phone	Work phone
Medical insurance carrier		Policy #	
Policyholder		Medication(s)	
Allergies		Dietary restrictions	

Waiver of Liability

I hereby release and discharge West Coast Pentathlon, its agents, volunteers and officers, from all claims, demands, actions, judgments and executions which the undersigned's heirs, executors, administrators, or assigns may have against West Coast Pentathlon, its successors or assigns, for all personal injuries known or unknown, and injuries to property, real or personal, caused by or arising out of pentathlon training sessions.

Name (Print) _____ Signature _____

For minors:

Parent or Guardian (Print) _____ Relation _____

Signature _____ Date _____

Fees

Camp pricing is **\$100 per day**. This includes:

- Riding, swimming, running, shooting, and fencing instruction by Olympic-level coaches
- Lunch
- Ground transportation to events
- Airport pickup

Private fencing lessons are available for an extra fee.

Deadline is **November 20, 2014** for this Entry Form plus **\$100 deposit**.

Please enclose a check or money order payable to West Coast Pentathlon with your completed Entry Form.

- Mail to Pat Duffy: **171 H Lane, Novato, CA 94945**
- For more info, call Pat Duffy: **415-892-4242**
- Or email Pat: **p171duffy@aol.com**

Stats

Best tetrathlon/pentathlon event _____ Date _____ Overall score _____

Height _____ Weight _____ 200-meter swim time _____ 3K run time _____

Rating (Pony Club) _____ Division (Pentathlon) _____

Years riding _____ Comfortable jump height _____

Years fenced _____ Rating _____ Do you own fencing equipment? _____

Years shooting _____ Best shoot score _____ Pistol model/serial # _____

Age Division	Swim Distance	Combined Distance	Total Targets	Range Time
Youth E (Under 10)	50 Meters/Yards	2x800 meters	2x5	50 seconds
Youth D (11-12)	100 Meters/Yards	2x800 meters	2x5	50 seconds
Youth C (13-14)	100 Meters/Yards	3x800 meters	3x5	50 seconds
Youth B (15-16)	200 Meters/Yards	3x800 meters	3x5	50 seconds
Youth A (17-18)	200 Meters/Yards	4x800 meters	4x5	50 seconds
Junior & Senior	200 Meters/Yards	4x800 meters	4x5	50 seconds

Coaching

- **Riding:** We will ride at the beautiful Rancho Mirage Riding Park training with Olympic coach Michael Cintas of Equestrian Center International. The horses are exquisite world championship class.
- **Combined Run/Shoot:** The running coach will be Carmelo Felix, Modern Pentathlon World Cup medalist and member of the Mexican Olympic team in Barcelona. The shooting coaches are Mike Duffy and Carmelo Felix. There will group and individual coaching.
- **Swimming:** We will swim at the beautiful Palm Desert Aquatic Center. The coaches are Lou Rigney and a USA Swim Coach (name will be announced soon).
- **Fencing:** The coaches will be former Olympian Elaine Cheris, owner of Cheyenne Fencing in Denver, Colorado, former Olympian Carmelo Felix, and Leslie Taft, owner of Desert Fencing.

A detailed Daily Schedule will be sent to you.

Arrival and Departure

Arrival date _____ Time _____ Flight # _____ Airline _____

Departure date _____ Time _____ Flight # _____ Airline _____

Lodging

We have special accommodation pricing at the Hilton Garden Inn in Rancho Mirage. A special group price is available including breakfast for 4 people sharing a room. Call **760-346-5936** for reservations.

If a chaperone is required and a room is being shared, we can provide a chaperone.

What to Bring

- Running, swimming, fencing, and riding attire
- Your own equipment (epées, fencing clothing, pistols, riding helmets, etc.)
- Laser pistols and laser targets will be supplied by USA Pentathlon for training and competition

A checklist and other information will be sent to you individually by email.