



Entry Form

**2016 USA Biathle Competition
for all divisions
at McNear's Beach (Area 7), San Rafael, CA
October 8, 2016 • 7am Sign-In**

Hosted by: West Coast Pentathlon

Name & Contact Info

Category: Elite Athlete Open Athlete Recreation Athlete

Last Name _____ First Name _____

M F Birth date _____ Age _____

Address: Street _____

City _____ State _____ Zip _____

Home phone _____ Cell phone _____ E- mail _____

Mother's name _____ Cell phone _____ Work phone _____

Father's name _____ Cell phone _____ Work phone _____

Emergency contact _____ Cell phone _____ Work phone _____

Medical insurance carrier _____ Policy # _____

Policyholder _____ Medication(s) _____

Allergies _____ Dietary restrictions _____

Waiver of Liability

I hereby release and discharge West Coast Pentathlon, its agents, volunteers and officers, from all claims, demands, actions, judgments and executions which the undersigned's heirs, executors, administrators, or assigns may have against West Coast Pentathlon, its successors or assigns, for all personal injuries known or unknown, and injuries to property, real or personal, caused by or arising out of participation in the October 8, 2016 Biathle event.

Name (Print) _____ Signature _____

For minors:

Parent or Guardian (Print) _____ Relation _____

Signature _____ Date _____

Fees

Entry fee: **\$35**.

A \$10/car Marin Parks Parking fee will be charged at entrance.

Entry deadline is **October 1, 2016**

Please pay online at <http://westcoastpentathlon.com/biathle/>

- Mail this completed Entry Form to: Pat Duffy, 171 H Lane, Novato, CA 94945
- For more info: email or call Pat Duffy:
p171duffy@aol.com or **415-892-4242**

Biathle Distances

Group	Age	Run	Swim	Run	Total Run	Total Swim
Youth F	8 and younger	200	50	200	400	50
Youth E	9-10	400	50	400	800	50
Youth D	11-12	400	50	400	800	50
Youth C	13-14	800	100	800	1600	100
Youth B	15-16	1200	200	1200	2400	200
Youth A	17-18	1600	200	1600	3200	200
Juniors	19-21	1600	200	1600	3200	200
Seniors	22 and over	1600	200	1600	3200	200
Masters A	40-49	1200	100	1200	2400	100
Masters B	50-59	1200	100	1200	2400	100
Masters C	60 and over	800	100	800	1600	100
Masters D	70 and over	400	100	400	800	100

What to Bring

- Running and swimming attire including footwear and goggles
- ALL meals, drinks, and snacks must be provided by competitor
No food or drinks will be provided by organizers